

NSWERA Membership Forum 2020.

Welcome to our Membership Forum. We hope this gives you the information to confidently prepare you and your horse for a ride, whether it be 10ks or 100ks. Please take notes and ask questions. We are intending to upload the information and film the sessions to our website.

Below is a brief biography of the presenters and their contact details. Please feel free to contact them if you have further questions or issues you may wish to discuss.

Training and Management –

Sue Todd suetodd@activ8.net.au 0263 797218

25 yrs of Having Fun With My Appaloosas in Endurance

After breeding and showing Appaloosas for some 15 years and moving into the eventing/jumping/dressage side of competing, in 1994 when a friend suggested that over Christmas I do some riding to get ready for a 40km ride at St Albans.....Shaboom, one of the first mares we bred to our stallion Shady Glen Rock Star, a leopard colt by Stonebrook Nugget IMP....he is the great grand sire of my current endurance horse Shakari Bear, would be perfect for that and so it began. Had so much fun I went to 9 x 40km rides in a row before attempting my first 80km and succeeding and there was no stopping me. 28,000 kms in competition later on Shaboom, Shazam, Roxanne, Shabonne, Shakista, PPP Kool Pashin, Shalacey Bear and Shakari Bear which includes 12 successful Shahzadas, 3 Quilty buckles, 11 State Ride buckles, three Manilla Muster buckles, a Faraway goblet and many marathons, two day 160's as well as 120, 100 and 80 km rides with my greatest achievement in endurance being awarded the Best Managed/Best Conditioned Award at Shahzada in 2010 with Shakista ... I guess we have proved that you don't have to have an Arab to do endurance. Take your horse that you know and love and give it a go.

During those years I have held positions with Zone One and the Shahzada Committee and been an active TPR but my greatest love is to hop on my horse and ride.....just for fun! This can be achieved in many ways with all the shorter and intermediate rides, especially the mini marathon at Shahzada each year or step up to an 80 km ride and aim for the ultimate test of Shahzada like I did all those years ago and find out just how rewarding endurance can be.

Noni Seagrim nseagrim@hotmail.com

Fieryrange Arabians – Brindabella NSW

I've been riding horses since before I could walk, starting out on the front of mums saddle then to my own pony by 4, first horse at 10 and breaking in my first Arabian, Louie, at 13. This special little horse helped me start down the endurance track at 15 and I never looked back.

Almost 12 years later, sadly Louie is no longer with me but the passion for this wonderful sport and our beautiful equine athletes is greater than ever.

As well as keeping a few of my own horses in training, I worked and rode for a few large stables and a variety of different trainers from Tasmania – Qld before slowly building up my own full time training and breeding operation.

Now I've clocked over 7200km of endurance rides (80k+) and over another 1200km of intermediate rides. Ridden 54 different horses in competition and trained countless others.

Over the years I've made some amazing friends, created some terrific memories, had a few vet-outs, had a few wins, learnt a lot and made plenty of mistakes along the way! Hopefully I can pass on a little of what I have learned to you today!

Tack and Strapping –

John Robertson robbozorn@hotmail.com 02 6368 3591

John has been involved in the sport for 35+ years as both a ride organiser/track designer and also as a rider completing around 13,000 kms in the open/ heavyweight division. John and his partner Helen owned Karabil Arabians for over 30 years, and mostly rides his home bred horses. John believes in the motto "to finish is to win."

Highlights - Quilty buckle, 3 Shahzada buckles and
- 22 divisional or outright wins & 24 top 5 placings.

Stuart Lymbery 0404 438 324

Stuart has been competing in endurance since 1987.

He has ridden 20,093 successful km, including 13 Shahzada 400km marathon completions, 7 Tom Quilty completions and 11 State Championship completions.

Stuart completed a myofascial release, stretching exercise and saddle fitting course with Debrane McDaniel (USA) qualifying as an equine muscle therapist.

He has completed a saddle making course with Eddy Powell and since that time has been making saddles. Mostly he has made fender stock saddles and has made packsaddles. However, lately he started to make lightweight saddles designed for endurance riding.

Stuart has had a long history of being fascinated by saddles and has ridden in many different saddles. He started his endurance career in a military saddle and leather bridle and has a keen interest in all things related to horse equipment.

Despite completing that many ridden kilometers he has also managed to strap at rides, starting with his children when young doing their first social rides up to strapping family and friends at all levels including 160kms and marathons.

To Shoe or Not to Shoe –

Faith Robinson 0418 220 927 faithbob@me.com



Faith Robinson, Hoof Care Professional

After stumbling issues with her Arabian Endurance horse in 2010, Faith did a one day trimming course, replaced his shoes with boots and he never looked back.

Endurance Completions: 3065km

Other Rides: 1922km

She left work in the film industry in 2011 to learn and practice Equine Podiotherapy.

Related Education:

-2011/2 Dip. Equine Podiotherapy

-Prof Robert Bowker Masterclasses, -2012,14,16

-Richmond Tafe: 2013 Farrier Apprentice 1st yr, -2015 Hoofcare short Course, 2016 Saddle Fit Course, 2014 Whole Horse Dissection with Sharon May Davis, 2014 Scone Equine Podiatry and Lameness Centre: Ric Redden Symposium, 2017 4 day Advanced Course with Pete Ramey, 2014 Functional Hoof Conference, Vict.

2018 Hoof Mapping - Daisy Bicking (USA)

2019 - Hoof Mapping with David Landreville (USA)

Each course has educated her about different facets of horse and hoof functionality, Faith's horses currently compete in performance hoof boots. For longer rides they have glue on shells and very occasionally in Polyurethane shoes. When going on long packhorse rides

over periods of weeks, they wear nailed on Barefoot Blacksmith (Steel) Tips. These and a range of other options are on display.

Chris Geddes *baribo65@gmail.com*

Horse breaker.

Endurance rider/ trainer.

Endurance Farrier.

Shod horses for heavy, middle and light weight divisions NSW State Championship 2018.

2018 heavy weight Quilty winner.

2018 5th place Quilty and Pat Slater Cup winner.

2019 heavy weight winner and Best Conditioned.

2019 junior winner and Best Conditioned.

Just to name a few not including multiple 80 and 120 km winners.

Horse Health Management –

Dr Georgia Ladmore *gel311@hotmail.com*

Georgia hails from the Mid North Coast where the Kiwarrik Club was her home club, riding endurance (and every other discipline) with her mum Michele and trusty pally Cassie. The family friendly community of endurance was what kept Michele and Georgia coming back, even though not competitive in the sport. As life changed, Georgia took up TPRing and later vetting. Riding has taken a back seat, though Cassie is ever ready and waiting. Over the past 6 years, Georgia has been lucky enough to vet at many endurance rides, including the Shahzada and Tom Quilty. She's kept a soft spot for firey palominos and is ready for the endurance season to ramp up again for 2020.

Presenting to the vetting area shouldn't be a scary experience. The vets in endurance are there for the welfare of our equine athletes. At the end of the day, the vets simply want to ensure that the horses setting out are fit and healthy to do so, and that horses that are struggling get the care and treatments they need. The vets are there to be helpful if you've got questions, and rarely, to act in case of emergencies.

Dr Simon Bain *bainslie55@bigpond.com*

I am a veterinarian who has been playing around with horses for most of my life since graduation from Sydney University. As a vet student I saw the start of the first Quilty and thought I'd like to do that one day. I also saw the 1964 Sydney Three day Event, which was the final selection trial for the Tokyo Olympics. I was won over to both equestrian sports. Eventing came first and between 1977 and 1986 I did a number of Sydney 3DEs, Gawler 3DEs, and Melbourne 3DEs, a Queensland 3DE and 2 NZ 3DEs. After falling in the cross country phase of the 1986 Queensland 3DE, I decided it was time to pursue endurance ambitions. Between 1987 and 1989 I really enjoyed endurance and the absolute highlight was being team vet to the Australian team at the World Endurance Championships in Front Royal, Virginia, USA in 1988. Family circumstances saw me drop out of endurance from 1990 until 2012. Since 2012 I've competed a lot, vetted around 3-4 times a year and completed the 2015 and 2019 Quilties.

My principal interests are the equine applied physiology and sports medicine that come with endurance riding as well as challenging my aging body to stand up to the rigours of the longer rides. As a carry-over from my eventing days I incorporate interval training in the preparation of my endurance mount. It saves limb wear and tear!

Rider Fitness –

Cherry Cummins *cherrycummins@gmail.com*

Gym manager at 38X which includes personal training, clinics, nutrition seminars kids fitness, group classes and FileX Australian conventions. I have been in the fitness industry for 7 years.

The reason I chose this path is because of my athletics background and Australian rep 800m runner. Running is how I became an endurance rider.

My biggest endurance highlight is 10/10 400km marathon endurance competitions and a big 3 award.

Debbie Pevy darby666@bigpond.com

I have been riding for 50 years, over this time I have part-taken in many different disciplines (dressage, hacking, breed rings and have touched on cowboy dressage). By doing this I feel it has taught me to be a fit and balanced rider. I have been successful in 40km, 80km, 160km, marathon and FEI rides. I am a qualified riding instructor and have successfully run my own riding school and horse business. Teaching and riding in the UAE enhanced my knowledge of riding and training for FEI events - this put me on the long list for the World Equestrian Games and World Endurance Championships. I have trained and won on many different horses. Along with this I am a personal trainer and group fitness instructor; I have been in and out of the fitness industry for the past 30 years. I have owned and run my own gym in the past and currently manage a gym and teach classes. I absolutely love the fitness and connection with your horse that endurance riding provides. In the near future I aim to introduce rider and horse fitness clinics. Being a wife and Mother my family are very important to me and support me to be where I am now.

Horse Nutrition –

Carol Layton www.balancedequine.com.au

Carol Layton B.Sc M.Ed is an independent equine nutritionist with a science background with a passion for optimal feeding of horses based on scientific research. In 2008, Carol enrolled in equine nutrition courses provided by Dr Eleanor Kellon VMD and has been a tutor for students since 2009. Carol is currently a lecturer for the nationally recognised Certificate of Australian Equine Hoof Care Practitioner course (ACEHP). Carol is passionate about teaching and sharing her knowledge of equine nutrition to make it easier and simpler for horse owners. So far she has been a speaker at a number of conferences in Australia, the Functional Hoof conferences in 2011 and 2014 and in 2018, the Bowker Lectures and Animal Biomechanical Professionals Australia Conference. Overseas, Carol has been invited to present at the 2012 World Hoof Care Conference in Prague, Czech Republic, the 2016 Pacific Hoof Care Practitioners Conference in San Diego, and the 2017 NO Laminitis Conference in Tucson, Arizona USA.

Carol has had horses most of her life and in the last 19 years has been an enthusiastic competitor in endurance riding. Her own endurance horse, Omani Mr Sqiggle was the 2009 National Points and Distance horse for her weight division. Together they have completed at top levels, including the 400 km marathon, Shahzada (three times), NSW State Championship rides and the national championship, the 160 km Tom Quilty, The pair won the Big 3 Award for successfully completing the NSW State Championship, Shahzada and The Tom Quilty for one horse/one rider in one year, in 2010.

For any membership or rider/horse qualification details, contact myself or the NSWERA Secretariat secretariat@nswera.asn.au or visit our webpage <https://nswera.asn.au/>

**Thank you for your time in attending our forum.
We hope this information has and will be of great benefit and
that you have as much fun endurance riding as much as we do!!**